

PASTORAL VISITATIONS

Please inform the Church Office 301-469-7990 (ext 300) of any loved ones who are hospitalized or "shut-ins," so they may be visited and receive the grace of Holy Communion.

SECOND TRAY TODAY FOR EARTHQUAKE VICTIMS IN HAITI

There will be a second tray passed today for the victims of the devastating earthquake in Haiti. The dimensions of human suffering there are unparalleled. PLEASE BE AS GENEROUS AS YOU CAN SO THAT WE MAY ASSIST OUR BROTHERS AND SISTERS, MOST OF WHOM ARE CHRISTIAN BELIEVERS. We will send this collection to the IOCC's Haiti assistance effort.

FIFTY PLUS January 27th: Meeting, 11:30 AM, St. George Founders Hall, Speaker S. Gina Stephens presenting "The Image of women in two Greek-American Newspapers, 1900-1949".

GOYA On February 10, Goya will have a fundraising restaurant night at The Parthenon at 5510 Connecticut Avenue NW Washington, DC. 20 percent of dinner sales from the day will be donated to the ministry of St. George Goya for its outreach programs. Save the date! If you have any questions, please contact Demetri Tzamaras at dtzamaras@comcast.net.

FEED THE HUNGRY The next Feed the Hungry Sunday is **TODAY**. We need drivers and cooks to help us out in preparing food for the shelters. Why not make New Year's resolution to directly help the homeless and hungry in Bethesda?

FAMILY LUNCHEON The 8th Annual Family Luncheon honoring all Godparents and benefitting Bediani Orphanage will be held Sunday, Feb. 7, after Divine Liturgy in the Grand hall. Reservations are required by Sunday, January 31. The Herald has reservation forms, or you may contact Eva Borsas at 301-515-2765 or at ilias_borsas@msn.com Adults are \$12 and children under 12 are \$6. Children under three, no charge. Make your reservations today after Divine Liturgy or email akranias@hotmail.com

APOKRIATIKO GLENDI The St. George Greek School, in association with other youth organizations of the Parish, invites you to the Annual Apokriatiko Glendi to be held in the Grand Hall on February 12, 7pm to 11pm. Ticket sales will be every Sunday after services starting Sunday Jan 17. Ticket prices are \$12 (ages 7 and over) and \$8 (ages 6 and under). For information please contact Philios Angelides (703-450-7963). Tickets are selling fast and will not be sold at the door. Join us with your whole family and friends for another fun Apokria!" Deadline for ticket sales is Feb. 7

LITERARY LUNCHEON On Feb. 20, 2010, The Philologists of St. George will be hosting their first Literary Luncheon, "In their Own Words". The program will feature George Tenet, George Pelecanos, Stefan Fatsis, and Nick Katsoris - four successful Greek-American authors who will speak about the influence their heritage had on their craft. The luncheon will be held at The Bethesda Country Club and doors will open at 11:30 am. Tickets are \$60. Sponsorships are also available. For further information, please go to Philologists.org or call Catherine Sarlis at 301-469-7990. What a great way to support one of the many ministries of St. George.

STEWARDSHIP LUNCHEON A luncheon honoring the Stewards of the Year for 2009 will be held on Sunday, January 31, after Divine Liturgy. This years honorees include Harriet Aposporos, Nomy Koumas, and Chris and Debbie Zourdos. Please join us for this important event to honor this years Stewards of the Year.

LADIES PHILOPTOCHOS The Ladies Philoptochos Society wants you to become a member if you have not already joined us! Volunteer Circles are now forming to support the following ministries: Outreach, Spiritual Enrichment, Liturgical, Hospitality, & Special Projects. We could use your time and talents in the area of your choosing. Please contact Lia Kent for more information, kent_amalia@yahoo.com or 301-762-8976.

BLOOD SCREENING - There is a gentleman who is in dire need of a bone marrow transplant. On January 24, screening for various diseases of the blood (Cooley's anemia, leukemia, etc.) will take place following the Divine Liturgy in the grand hall. The procedure involves a swab of the mouth. If you are under 61 years of age and in good health please be screened. You could save the life of this man or someone else, even a loved one, if you are a match.

FIFTEENTH SUNDAY OF ST. LUKE

ABBA ANTHONY THE GREAT OF EGYPT

JANUARY 17, 2010



SUNDAY OF ZACCHAEUS

THE GREEK ORTHODOX CHURCH OF SAINT GEORGE

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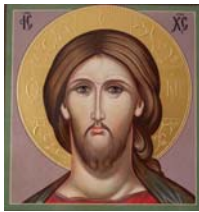
Proistamenos: Rev. Fr. Dimitrios J. Antokas

Email: FrAntokas@stgeorge.org

Rev. Fr. George Khitiri

Email: FrGeorge@stgeorge.org

Rev. Fr. Nicholas Despotides, Emeritus



For the Son of Man came to seek and to save that which was lost. Today is Zacchaeus Sunday — a preparatory Sunday for Great Lent. One thing is clear from today's Gospel passage — Jesus came to seek out and save the lost. Who are the lost? For one, Zacchaeus, a hated tax collector. When others rejected him, Jesus went to his house to eat. The sinners are the lost, those caught up in their own passions, those held captive by some force of evil in their lives. The lost are those who spirituality and religious practice is lukewarm at best—or even not existent. The lost are those with little control of their tongue, those who hold grudges, those who do not pray. The lost are those who have an inflated sense of themselves, whose ego is out of control, those who must have their way. The lost are those who hold on to anger in their lives and succumb to bitterness and cynicism. The lost are those who substitute ANYTHING for God in their hearts: possessions, wealth, power, food, or reputation. The good news is that Jesus SEEKS these people out. He comes after them, pursues them, chases them and finds them eventually with His great healing mercy. What piece of your heart or life is LOST today? What is your Zacchaeus? Identify it and take heart. Jesus will find you and heal you. All you need to is, like Zacchaeus who climbed that tree — LOOK FOR HIM!

EPISTLE Hebrews 13:17-21

Brethren, obey your leaders and submit to them; for they are keeping watch over your souls, as men who will have to give account. Let them do this joyfully, and not sadly, for that would be of no advantage to you. Pray for us, for we are sure that we have a clear conscience, desiring to act honorably in all things. I urge you the more earnestly to do this in order that I may be restored to you the sooner. Now may the God of peace who brought again from the dead our Lord Jesus, the great Shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do His will, working in you that which is pleasing in His sight, through Jesus Christ; to whom be glory for ever and ever. Amen.

TODAY'S READER: MARIA MATHIOS

GOSPEL Luke 19:1-10

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief collector, and rich. And he sought to see who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see him, for he was to pass that way. And when Jesus came to the place, he looked up and said to him, "Zacchaeus, make haste and come down; for I must stay at your house today." So he made haste and came down, and received him joyfully. And when they saw it they all murmured, "He has gone in to be the guest of a man who is a sinner." And Zacchaeus stood and said to the Lord, "Behold, Lord, the half of my goods I give to the poor; and if I have defrauded any one of anything, I restore it fourfold." And Jesus said to him, "Today salvation has come to this house, since he also is a son of Abraham. For the Son of man came to seek and to save the lost."

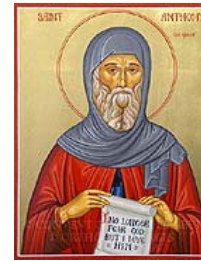
Apolytikion to St. Anthony the Great

O Father Anthony, you imitated the zealous Elijah. You followed the straight paths of the Baptist and became a desert dweller. By prayer you confirmed the universe. Wherefore, intercede with Christ our God to save our souls.

Kontakion to St. Anthony the Great

Forsaking the uproars of life O venerable one, you completed your life in quiet, fully imitating the Baptist. Therefore, we honor you with him, O Anthony, Father of Fathers.

PRAYER LIST: Antonia "Nitsa" Kempf, Connie Kanaris, Diana Lazar, George Markomanolakis, Argie Palaios, Katherine Panagakos, Priscilla Preuss, George Virvan, Sylvia Basdekas, George Speris, Mariah Smiley, Saxton, Doris Webb, the child Camille Feruzzi who is gravely ill, the child Heather Greene, Irene Pappas, Marty Levine, Lindsey Reijsoo, the child Ashley Lyvers, the child Alexis Ross, Thomas Jenkins, the child Joseph Saxon, Francine Bruggeman, Estrella Grandea Ocampo, Artie Constantinides, Stephanie Skanderis, Michael Giatzis, and Robert Shriver. **US ARMED FORCES:** (Col.) Fr. Alexander Webster, Rev. Fr. John Kalantzis, Lt. Nicholas Karnaze, Spc. Spiro Nino, John Xanthakos, Maj. Sydney Pennix, Colonel James Karas, and Gary Hogman (Iraq) and his wife Cindy.

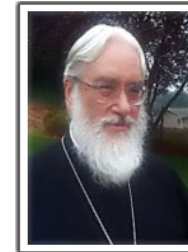


IN THE FOOTSTEPS OF ST. ANTHONY

We live in a noisy world. There is a growing body of evidence to suggest that this constant clamor of accelerated noise is having a negative impact on human hearing. We cannot escape it, so it seems. We become addicted to it and need to have the radio blaring, the television keeping us company, and our own "idle chatter" as the Fathers call it, at times, is deafening. This, it seems, is the fate of post-modern man and woman: to live in a world in which we hear so much, so loudly, but actually *listen to precious little*. We celebrate today the feast of Our Holy Father St. Anthony the Great. He himself lived in the din of the city and came to the realization that if he was to genuinely *listen to God*, he needed to withdraw to the desert, to solitude, to the quietness of the soul. In making this change to the desert, he became the father of eremitic monasticism but more, he taught us all that unless we make time for silence and solitude in our own lives, we stand the chance of **becoming deaf to the very voice of God**. Yes, God speaks through other people and through the events and happenings of life. But more pointedly, God speaks first and foremost to our own hearts, to the deep down of us, to that place where it is just He and I, face to face, Divine Image to would-be Divine Image. Unless we acquire the practice of silence and solitude in our lives, we will get caught up in the delusion that God lives in noise, in the loudness of life. But we know from the Prophet of the Old Testament that "God was not in these things, but in silence of the gentle breeze..." Making time each and every day for silence, withdrawing from the chaos that is our daily schedule, to **BE** with God alone, ready to listen, ready to search out our hearts for that Divine Image—this trains us to create "desert moments" in our own lives without having to become monastics. Start today. Create silence and solitude in your life. Use your icon corner as that place of desert refuge. Do not multiple words of prayer during these moments — simply listen with your heart, calling upon the Name of the Lord: "**Lord Jesus Christ, Son of God, have mercy on me a sinner!**" — over and over and over again. You will, over time, come to what St. Anthony discovered, and you will hear Him speak to YOU, personally: **Be still and know that I am God! Don't worry.**

MEMORIALS

A Memorial Service will be offered today for **Eleftheria Zantal (40 Days)** requested by her beloved husband Peter; for **Antonio Vardoulakis (1 Year)** requested by his beloved wife Effie; for **Irene Savioulakis (1 Year)** requested by her sons George (Maria) and Thomas (Vaso), and grandchildren Andreas (Elena), Phillip, and George; and for **Eleftherios P. Aloupis (3 Years)** requested by his children Panagiotis and Ageliki Aloupis. May their memories be eternal!



HIS EMINENCE METROPOLITAN KALLISTOS OF DIOKLEIA TO BEGIN OUR LENTEN JOURNEY

St. George is honored and proud to announce that His Eminence Metropolitan Kallistos of Diokleia will preside at our first Liturgy of the Presanctified Gifts, after which he will give a special spiritual presentation. It will take place on Wednesday, Feb. 17 with Presanctified Liturgy at 6 p.m., Lenten Supper at 7 p.m. and His Eminence's presentation at 8 p.m. His Eminence, who lives in Great Britain, is an internationally renowned Orthodox scholar, Professor Emeritus at Oxford University, and a shepherd of great spiritual depth. We most strongly encourage you to reserve this evening for your own spiritual growth as Great Lent begins. More details will be forthcoming.

QUILT-A-THON On Saturday, February 27, from 9:30 a.m. to 3:30 p.m., St. George will have a Quilt-A-Thon—a Lenten project that creates quilts for at-risk babies and small children in Washington, DC metropolitan area hospitals. They are children born HIV positive, or affected by their mother's drug or alcohol use while pregnant or abandoned. **WE NEED VOLUNTEERS TO CREATE THESE QUILTS!** You don't need to know how to sew!! Fabric and supplies will be provided by the Ladies Philoptochos Society. For more information contact Adrienne Barris at 703-827-5757 or Stephanie Wilde at 301-983-0879. See the flyer about the event in the January Herald.