



The foregoing two parables -- especially that of the Prodigal Son -- have presented to us God's extreme goodness and love for man. But lest certain persons, putting their confidence in this alone, live carelessly, squandering upon sin the time given them to work out their salvation, and death suddenly snatch them away, the most divine Fathers have appointed this day's feast commemorating Christ's impartial Second Coming, through which we bring to mind that God is not only the Friend of man, but also the most righteous Judge, Who recompenses to each according to his deeds. It is the aim of the holy Fathers, through bringing to mind that fearful day, to rouse us from the slumber of carelessness unto the work of virtue, and to move us to love and compassion for our brethren. Besides this, even as on the coming Sunday of Cheese-fare we commemorate Adam's exile from the Paradise of delight -- which exile is the beginning of life as we know it now -- it is clear that today's is reckoned the last of all feasts, because on the last day of judgment, truly, everything of this world will come to an end. All foods, except meat and meat products, are allowed during the week that follows this Sunday.

TODAY'S READER: MANOLI ANAGOSTIADES

EPISTLE I Corinthians 8:8-13; 9:1-2

Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

GOSPEL Matthew 25:31-46

The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

MEMORIALS

A Memorial Service will be offered today for **Nicholas Economedes (40 Day)** requested by the Anagnostiades and Economedes Families. May his memory be eternal!

SATURDAY OF SOULS

Saturday Feb. 13 is the Second Saturdays of Souls. Orthros at 8:30 a.m. and Divine Liturgy at 9:30 a.m. Commemoration sheets for names of the departed are available at the candle stand.

PRAYER FOR THE SUNDAY OF THE LAST JUDGMENT



Receive our unworthy prayers, O Christ our God, as Thou didst accept the tears and the myrrh of the harlot, and be Thou entreated by our songs of praise, as by her kisses, and grant us a good conversion, like hers, unto Thee, bestowing upon us, as to her, the remission of our sins; and as Thou didst

not reject her that touched Thy most pure feet, so too cast us not off who fall down at the unseen feet of Thy merciful kindness: and as Thou didst not send her away in shame when she confessed Thee, the Knower of Hearts, neither cause us, who confess our hidden sins, to be shamed before Angels and men at Thy dread Judgment: but rather make us heirs of eternal forgiveness, and of Thine incorruptible glory. For Thou art merciful, and glorified together with Thy Father Who is from all ages, and Thine All-Holy, and Good, and Life-creating Spirit, now and ever, and unto ages of ages. Amen.

During our century the reminder of the Holy Church on this day about the Dread Judgment is especially timely. From this day we already enter into the very "preparation" of the holy fast, as it is called in the church language the stepping week, in which, according to the intention of the Holy Church even to already serve as the beginning of the Lenten effort and work; but, unfortunately, according to the usage of the world this week has become some kind of pagan feast, full of temptations and seductions "For we must all appear before the judgment seat of Christ, so that each one may receive good or evil, according to what he has done in the flesh" (2 Cor. 5:10). Although "of that day or that hour no one knows", "only the Father" (Mk. 13:32), but our day of judgment will come for us: for the days of our life are evil, running not stopping, passing by so soon and imperceptibly, that we do not notice their flow, and for each of us the hour of death is completely unexpected and can seize us and present us to the judgment of God. We should also hasten to forestall the day of the judgment of God by judging ourselves, by sincere repentance, and with complete sincerity.

PRAYER LIST: Antonia "Nitsa" Kempf, Connie Kanaris, Diana Lazar, George Markomanolakis, Argie Palaios, Katherine Panagakos, Priscilla Preuss, George Virvan, Sylvia Basdekas, George Speris, Mariah Smiley, Saxton, Doris Webb, the child Camille Feruzzi who is gravely ill, the child Heather Greene, Irene Pappas, Marty Levine, Lindsey Reijsoo, the child Ashley Lyvers, the child Alexis Ross, Thomas Jenkins, the child Joseph Saxton, Francine Bruggeman, Estrella Grandea Ocampo, Artie Constantinides, Stephanie Skanderis, Michael Giatzis, John Morris, and Robert Shriver. **US ARMED FORCES:** (Col.) Fr. Alexander Webster, Rev. Fr. John Kalantzis, Lt. Nicholas Karnaze, Spc. Spiro Nino, John Xanthakos, Maj. Sydney Pennix, Colonel James Karas, and Gary Hogman (Iraq) and his wife Cindy.

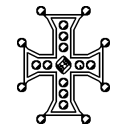
FASTING GUIDELINES

From this day until Holy Pascha, no meat or meat products are permitted to be eaten during the Strict Fast of Great Lent. Next Sunday, Cheesefare Sunday, begins the fast from dairy products. Fish is allowed to be eaten on March 25, Feast of the Annunciation, and on March 28, Palm Sunday. Wine and oil are permitted on the Saturdays and Sundays of the Great Fast.

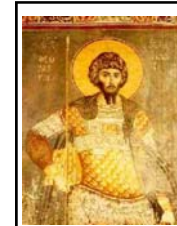


JOIN US FOR METROPOLITAN KALLISTOS

St. George is honored and proud to have His Eminence Metropolitan Kallistos of Diokleia presiding at our first Liturgy of the Presanctified Gifts, after which he will give a special spiritual presentation: "The Trinity: Heart of Our Life." It will take place on **Wednesday, Feb. 17** with Presanctified Liturgy at 6 p.m., Lenten Supper at 7 p.m. and His Eminence's presentation at 8 p.m. **Everyone is most strongly encouraged to attend this very special presentation. Contact the Church Office if you plan to do so: 301-469-7990.**



FEAST OF ST. THEODORE THE GENERAL



Tomorrow, **February 8**, is the feast of **St. Theodore the General**, patron of St. Theodore's in Lanham. Vespers will be served at St. Theodore's tonight at 7 p.m., Orthros tomorrow morning at 9 a.m. and a Hierarchical Divine Liturgy at 10 a.m. at St. Theodore's. Join us in celebrating our sister parish's name day!

PASTORAL VISITATIONS

Please inform the Church Office 301-469-7990 (ext 300) of any loved ones who are hospitalized or "shut-ins," so they may be visited and receive the grace of Holy Communion.

FAMILY LUNCHEON TODAY The 8th Annual Family Luncheon honoring all Godparents and benefitting Bediani Orphanage will be held today after Divine Liturgy in the Grand hall. Adults are \$12 and children under 12 are \$6. Children under three, no charge. Make your reservations today after Divine Liturgy or email akranias@hotmail.com

LADIES PHILOPTOCHOS The next General Philoptochos Meeting will be held this **Tuesday, February 9, 2010** at 7:30 p.m. in the Founders' Hall. We hope you can attend! If you have any questions or concerns, please call or email Lia Kent (301) 762-8976 or kent_amalia@yahoo.com.

FIFTY PLUS **February 10th** at 11:30 am meeting: A Valentine's lunch at Normandy Farms Restaurant in Potomac Md. Cost per person is \$25.00. Please make checks payable to St. George Fifty Plus Club and mail to St George Church. For any questions or more information, please call Maria Kopsidas (301-493-5789).

GOYA **February 10,** Goya will have a fundraising restaurant night at The Parthenon at 5510 Connecticut Avenue NW Washington, DC. From 5 p.m. to 11 p.m. Twenty percent of dinner sales from the day will be donated to the ministry of St. George Goya for its outreach programs. Save the date! If you have any questions, please contact Demetri Tzamaras at dtzamaras@comcast.net.

APOKRIATIKO GLENDI **February 12,** — The St. George Greek School, in association with other youth organizations of the Parish, invites you to the Annual Apokriatiko Glendi to be held in the Grand Hall on February 12, 7pm to 11pm. Ticket sales will be every Sunday after services starting Sunday Jan 17. Ticket prices are \$12 (ages 7 and over) and \$8 (ages 6 and under). For information please contact Philios Angelides (703-450-7963). Tickets will not be sold at the door. Deadline for ticket sales is Feb. 7

LITERARY LUNCHEON **Feb. 20, 2010,** The former director of the CIA, the author whose "books will burn into your brain like no other", the forty-something guy who attempted to play professional football and lived to tell about it, and the winner of a 2009 iParenting Media Award for best Children's Book will be speaking at the first St. George Literary Luncheon on Feb. 20th, 2010. Call Catherine Sarlis to reserve and purchase your tickets. Visit philologians.com for further information.

QUILT-A-THON On **Saturday, February 27,** from 9:30 a.m. to 3:30 p.m., St. George will have a Quilt-A-Thon—a Lenten project that creates quilts for at-risk babies and small children in Washington, DC metropolitan area hospitals. You don't need to know how to sew!! Fabric and supplies will be provided by the Ladies Philoptochos Society. For more information contact Adrienne Barris at 703-827-5757 or Stephanie Wilde at 301-983-0879. JOIN US, PLEASE!.

PARISH CALENDARS ARE STIOLL AVAILABLE AND ARE NOT BEING MAILED THIS YEAR. Pick up one free of charge after Divine Liturgy during Fellowship.

PLEASE REMEMBER TO NOTE ON YOUR STEWARDSHIP CHECKS "STEWARDSHIP 2010". If you have not submitted a 2010 pledge card, please do so as soon as possible. You need not give a check when submitting a pledge card.

ST. GEORGE BULLETIN

FEBRUARY 7, 2010

SUNDAY OF THE LAST JUDGMENT

MEATFARE SUNDAY



Kontakion of the Last Judgment

O God, when You come upon the earth in glory, the whole world will tremble. A river of fire will bring all before Your Judgment Seat and the books will be opened, and everything in secret will become public. At that time, deliver me from the fire which never dies, and enable me to stand by Your right hand, O Judge most just.

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